

Caroline Pensier

Caroline is an international coach, trainer and consultant working in both the corporate and public sectors with managers and their teams.

Over the past ten years she has accompanied executives, teams and families through challenges linked to expatriation/impatriation and working in intercultural environments.

She uses a systemic approach to empower people to become full actors in achieving their goals and reaching personal fulfillment.

A Certified coach, she combines systemic, intercultural, neuro-semantic tools and a global approach to align the individual to his environment.

With an academic background in economics and linguistics, Caroline has focused her career on developing communication and understanding in individuals exposed to cultural changes. She has worked mainly with executives and their families coming to France for corporate clients such as EDF, AIR LIQUIDE, LVMH, VEOLIA....



Key Attributes

Positivity, high energy and commitment, strong ethical values, creativity.

Born in south of France in a multi-cultural family (French, German Swiss and Italian), she lived in Borneo (Malaysia) in the middle of the jungle in her twenties with husband and child, experiencing the biggest jump between cultures that can be made. She then lived and worked in Martinique (West Indies). In 20 years she has moved eight times in and out of France building a strong experience of how to swim through changes in life.

Qualifications

Professional Coach certified by CDG (Coaching De Gestion, Canada)

Organisations and Relationship Systems Coach, CRR Global

The International Profiler - TIP certified

Practitioner in Neuro-semantic certified by ISNS (USA)

Masters Degree in Economics, University of Fort de France (Martinique)

Industry experience

Energy, Oil and Gas, Pharma, Luxury, Media, Entertainment.